

Safe Rides to Child Care

Guidelines for Parents

Car crashes are the number one cause of death and serious injury for children. How can you keep your child as safe as possible on every ride?

STEP 1

Make sure you know how to keep your child safe *in your own car*. Can you answer all of these questions?

- How do I choose the right kind of seat for my child?
- Are used safety seats safe?
- Is my child's safety seat on recall?
- How long should children ride facing the back of the car?
- How can you tell if a child is ready to wear just a safety belt?
- Why should children ride in the back seat?
- How can I keep my child from getting out of his safety seat?

The answers to all of these questions and more can be found at www.carseat.org or by calling the Safe Ride Helpline (800/745-SAFE).

STEP 2

If you are planning to have a child care provider pick up or drop off your child or take your child on a field trip or an errand, you need to find out the following information:

- How old is the driver?
- Does the driver have a valid driver's license?
- Does the driver have auto insurance?
- How old is the vehicle?
- Does the car have lap-shoulder belts for kids in boosters or, for older children who pass the 5-Step Test, using safety belts only?
- Which car safety seat will be used for your child?
 - Is it the right type and size?
 - Is it new, used, or on recall?
 - Has it been inspected by a certified Child Passenger Safety Technician?
- Has your child care provider attended a class about how to use safety seats and safety belts correctly?

Ask your provider to complete the Child Care Provider Transportation Information Form. For a copy, go to www.carseat.org or call the Safe Ride Helpline (800-745- SAFE).

SafetyBeltSafe U.S.A. P.O. Box 553, Altadena, CA 91003 www.carseat.org 310/318-5111 800/745-SAFE (English) 800/747-SANO (Spanish)
